LIVE FOR BRAIN HEALTH & ILLNESS RECOVERY

Have you or your loved ones been having an especially hard time this season with colds, influenza or COVID? If you are experiencing prolonged symptoms or side effects post infection, The Renewal Center at UAC can help! Live O2 uses an advanced technology known as adaptive contrast training which allows users to experience exercise with oxygen depletion followed by bouts of rich oxygen supplementation on demand. There are many specific protocols to be administered utilizing adaptive contrast- one of them specifically designed for COVID Long haulers. Not only does this protocol target lingering symptoms such as brain fog, shortness of breath, and fatigue; it can also facilitate faster healing of damaged tissue in the lungs, heart and kidneys. Live O2 enables users to absorb up to 433% more oxygen into their tissue which greatly increases the amount of energy the body is able produce and thus heal at a much faster rate.



Try Live O² today! Click here to schedule your free demo session.

